

Registration

Name _____
Address _____
City _____ State _____ Zip _____ E-mail _____
Phone (H) _____ (W) _____ Fax _____

____ Please enroll me in the June 21-25, 2010 Leadership Training Workshop
____ Enclosed is ___ \$100.00 down payment ___ \$685.00 full payment (Lunches are not included)

____ I am interested in Continuing Education Credit.
____ Please send information about housing.
____ Please keep me on your list. I cannot attend at this time.

Send to: Jean Illsley Clarke
16535 9th Ave N
Minneapolis, MN 55447

Call for information: Phone/Fax: 763 473-1840 E-mail: jiconsults@aol.com

LEADERSHIP TRAINING WORKSHOP

Using as Models and Texts

How Much is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible, and Respectful Children and Who, Me Lead A Group?

Dates: June 21-25, 2010
Hours: 8:30 to 5:00 p.m. Mon-Fri
7:00-8:30 p.m. Mon-Thurs.
Lunch Bring your own or order box lunch
Fees: Facilitator Workshop \$685.00
Leader: Jean Illsley Clarke
Size: 12-24 participants
Place: Jean's home: 16535 9th Ave N
Minneapolis, MN 55447

The Workshop Experiences

The workshop is didactic *and* experiential. During these intensive experiences you will:

- Explore the recent research on overindulgence.
- Explore the educational theories on which the *How Much Is Enough?* curriculum is built.
- Receive an update on recent brain development research.
- Expand your awareness of how you learn and how others learn.
- Become prepared to teach or adapt the six-session *How Much Is Enough?* classes.
- Sharpen your skills as an adult leader. Give and receive feedback to enhance your group leadership skills.
- Practice leading indirect learning experiences.
- Practice using developmentally based affirmations.
- Identify potential blocks to effective leadership and practice options for overcoming them.
- Network with other professionals and share your wisdom and favorite programs.



ABOUT THE LEADERS

Jean Illsley Clarke, Ph.D.
CFLE, is an accomplished

workshop leader and a nationally certified and internationally known parent educator. She is the author or co-author of several additional books about families, including *Self-Esteem: A Family Affair*, *Growing Up Again*, and *Time-In: When Time-Out Doesn't Work*. She won the 1995 Eric Berne Memorial Award in the area of practice applications for her work in applied Transactional Analysis in parent education. She received the University of Minnesota Distinguished Alumnae of the Year award in 1999 from the Department of Human Ecology and the Larry Wilson Award from the Department of Education and Human Development in 2001. The Developmental Parenting Highway is included on the Wall of Discovery section of the University of Minnesota Scholars' Walk.

Staff assistants are all experienced educators:
Mary Paananen, B.S., Public Health Nurse
Barb Kobe, B.A., graphic artist, doll maker
Joan Niehaus, M.N., therapist
Amy Johnson, MSW, Personal Life & Parent Coach,
Faith & Sexuality Education educator
Jan Rossbach, A.A., parent educator
Karine Platt, B.S., special needs teacher

- Monday and Tuesday evenings participants, who wish to, will present from their areas of expertise.
- Carole Gesme invites you to play family educational games Wednesday evening.
- Thursday evening we will have a celebration.

BENEFITS OF THE WORKSHOP

- You will improve your leadership skills.
- You will receive two books, a *How Much Is Enough? Leader's Guide*, cassette tapes, sets of affirmation ovals and other materials.
- You will receive a verification of attendance.
- You can earn continuing education credits for a small additional fee.
- You will meet new colleagues and can make new friends.
- You will have the opportunity to share your experiences.
- You can network with facilitators who use this material.
- You can receive credit hours toward advanced membership in the International Transactional Analysis Association.

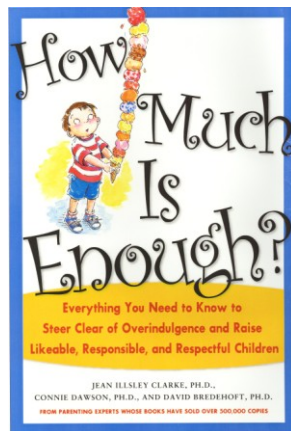
Quotes from workshop participants:

The organized presentations were marvelous. All the material, especially on overindulgence, was presented thoroughly with room for us to "Ah-Ha" about as we "learned" it through our teaching.

I was stimulated in the deepest sense. I was highly motivated to take care of myself in a more nurturing/structuring way. It's working...thus I can pass it on to my family and those I work with.

I've been leading adult groups for many years. The skills I've learned in this workshop will make me an even more effective leader.

This workshop is a full-time experience, so do not plan to do part-time work during the workshop. If you live in town, plan full coverage for your family.



SUMMER...

LEADERSHIP TRAINING WORKSHOP

June 21-25, 2010

A special opportunity for parent and family educators and other helping professionals to:

- Recharge their enthusiasm.
- Update skills for leading adult education groups and examine the theory behind those skills.
- Explore the new *How Much Is Enough?* parenting model.
- Expand options through mutual sharing.