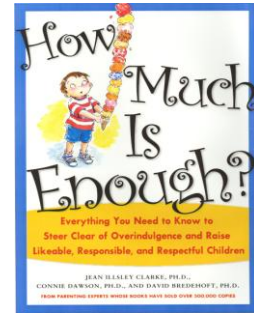




It's here!
How Much Is Enough?
Leader's Guide

by Jean Illsley Clarke



What's new? A complete Leader's Guide for helping parents avoid overindulgence and a detailed method for teaching child development principles, temperament, and parenting skills concurrently.

Why a Leader's Guide for *How Much Is Enough?*

Overindulgence of children is a serious problem with serious consequences. According to research, overindulgence correlates positively with problems and pains in later life.

As the only research-based teaching method for helping parents recognize and rectify overindulgence, the *Guide* is an especially helpful resource for parenting and child-development professionals.

Since parents give too much from a good heart, the *How Much Is Enough? Leader's Guide* is designed to help parents identify effective and ineffective parenting practices without guilt or shame.

The *Guide* is an exciting, clearly written, easy-to-follow text. The formatting is designed to enable busy parent educators to offer courses of four or six consecutive sessions or to include specific activities such as the Developmental Parenting Highway in other contexts.

The Developmental Parenting Highway

Teachers of parenting skills and child development professionals praise this breakthrough method.

The Developmental Highway metaphor shows clearly how successful parenting practices change as the child grows through each developmental stage. The *Guide* provides a detailed model for identifying the parenting needs of the individual child in each developmental stage and specific life situation. Readers of *Growing Up Again* will recognize that the Nurture-Structure Highway metaphor has been expanded and made even more useful.

Benefits from Using the *Guide*

- Know the latest research on overindulgence
- Use tested activities to help parents understand and counter overindulgence
- Use before-and-after checklists that enable participants—and you—to assess their learning
- Use a new way to help parents create a Developmental Parenting Highway map specifically for their child's age, needs, and temperament
- Have at hand all course handouts and posters ready to be copied
- Join the WE/Collage newsletter network to connect with others who are using the model
- Get answers to sticky questions at www.overindulgence.info

To order contact Parenting Press at <http://www.parentingpress.com/>